



2026

September

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		1 Sanford Liver n Onions	2 Starbuck @ 11:45 Chicken Marbella	3	4	5
6	7 No Meal Labour Day	8 Sanford Salmon	9 Starbuck @11:45 Chili Games @12:30	10	11	12
13	14 La Salle@ 11:45 Pickerel Fun with MHRD @12:30	15 Sanford Teriyaki Chicken	16 Starbuck @11:45 Meatloaf	17	18	19
20	21 Brunkild @11:45 Chicken Pot Pie Fun with MHRD @12:30	22 Sanford Schnitzel	23 Starbuck @11:45 Soup & Sandwiches	24	25	26
27	28 La Salle @11:45 Pork Chops Games @12:30	29 Sanford Soup Games @12:30	30 No meal Truth & Reconciliation	1	2 Aging Well Living Well in Oak Bluff 9-3	

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm.

Menu subject to change.

\$10 per person eat in, \$12 take out or delivery